

# RAPE PREVENTION

- Be aware of the surroundings when walking down the street. Walk briskly and confidently.
- At night, try to avoid walking alone, particularly after 9 p.m. Stick to main streets with as much car and foot traffic as possible. Avoid areas with excessive trees and bushes, dark streets, alleys, and other "shortcuts".
- Keep an arm's length away from strangers. If you think someone suspicious is approaching you or following you, cross to the other side of the street and head for the nearest public place.
- Know which stores and other public places are open along your route. Whether walking home, to work, or jogging, try to vary your route frequently.
- When parking at night, try to park in well-lit spots. Lock your car door, and when returning to your car, have your keys ready.
- Never hitchhike or pick up hitchhikers.
- Know the full name of each person you date, his occupation, and where he lives.
- Never invite a person whom you have met on the street, in a bar, or in another public place to be alone with you.
- If you are a victim of rape, report a crime. Counseling, shelters, and other services are available to you, and you may prevent another person from being victimized.